

PAN- CAKE DAY!



Easy tips to make your Pancake Day event Intergenerational

Is your Pancake Day event intergenerational? This means both that there is an age gap of at least 10 years between participants AND that the participants are engaging with each other meaningfully.

Why should you consider an intergenerational approach?

An intergenerational approach recognises the benefits of doing things together (across generations) and the richness that this variety brings to the group and to each individual within the group. Also, hearing our children's voices is an important part of being in community together.

What resources are available?

1. There are some resources available on the Pancake Day website including school or child care resources and church resources. <http://sa.uca.org.au/unitingcare-sa/pancake-day/pd-resources/>
2. The theme for KCO (Kids Camp Out) this year is: "Welcome: a place to belong." This theme came about from a listening exercise where children wrote their prayers for the church and the world at KCO 2017. These prayers reflect a deep heart of care for the world. Our children are people **today** and we need to ensure we listen to them, their prayers, hopes and concerns and we need to be willing to learn from them **now**. This theme can dovetail well with Pancake Day: talking about people in need and how our support helps everyone in the community to feel welcome and have enough. Find out more about the KCO 2018 theme and activities on the front page of the website: <http://sa.uca.org.au/kco/>

Activity ideas for an intergenerational Pancake Day

Have some all age games where people of different ages are partnered together:

- Fry pan or pancake flipper (spatula) and bean bag relay race (like pancake flipping or egg & spoon race)
- Decorate paper hats or try to create a fry pan or pancake shaped hat.
- Write hopes / prayers for the world on paper plates and sticky-tack to the wall.
- Write a table speech or grace together that can be taken and used at home. You could write this on a paper plate or if on paper then laminate it and turn into a place mat.
- Two people team up to enter the Pancake Day colouring-in competition.

Other considerations for an intergenerational event

- Is the time of your Pancake Day event friendly to more than one age group?
- Are both children and adults able to reach the table and pancake toppings?
- Is there a natural way to combine several age groups (eg knitter's group joins with a playgroup or high school joins with primary school)?

We'd love to hear your stories and see photos of your Pancake Day event, particularly if intentionally intergenerational. Please send to pancakeday@sa.uca.org.au