

Those who want to save their life
will lose it, and those who lose their
life for my sake will save it.

Mark 8:35

Whoever wants to be first must be
last of all and servant of all

Mark 9:35

Many who are first will be last, and
the last will be first.

Mark 10:31

Date: 13th September, 2009

Date: 20th September, 2009

Date: 11th October, 2009

Readings: Mark 8:27-38

Mark 9: 30-37

Mark 10: 17-31

Recycled Crafts

Each of these items has been something smart and valued but is now discarded (was 'first' but is now 'last'). Each has to lose its old life to become something new. Each becomes something useful in its new form (was 'last', is now serving a useful purpose again).

Funky Holders

Materials Needed:

- ♦ plastic drink bottles
- ♦ acrylic paints
- ♦ sequins & sparkly shapes
- ♦ glue
- ♦ decorative trim

Instructions:

- ♦ Cut the bottom off a plastic drink bottle. Small bottles are good for pins, paper clips, erasers, rings etc., larger ones can be cut short and used for jewellery or taller and used for pens & pencils.
- ♦ Paint the inside of the holder with acrylic paint.
- ♦ Decorate the outside with sparkly stick-on shapes.
- ♦ Glue the trim around the outside rim.
- ♦ Allow to dry thoroughly before using.

Use the tops of the drink bottles up-side down in the garden to provide water to individual plants.



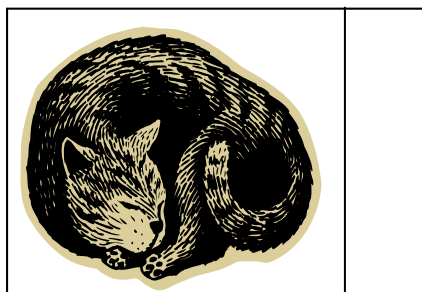
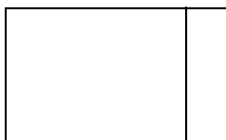
Recycled Pet Bed

Materials Needed:

- ♦ plastic grocery bags
- ♦ pillow case or tee shirt
- ♦ needle & thread

Instructions:

- ♦ Fill a **pillow case** with plastic bags and sew it up along the open end.
- ♦ **T-Shirt:** Sew the neck and sleeves of the T-shirt closed, fill it with plastic bags, and then sew the bottom closed. You may want to sew in a zipper so more bags can be added as needed.
- ♦ This can be used as a cat or dog cushion, or a sit-on cushion for the kids, as long as you don't mind the rustling noise! I've even heard of one woman filling a bean bag with plastic bags instead of beads!



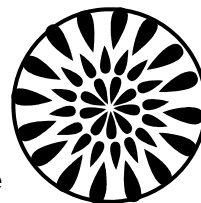
Placemats & Coasters

You will need:

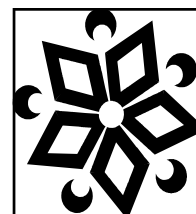
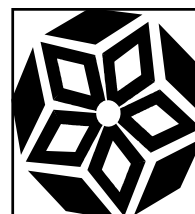
- ♦ old cards or postcards
- ♦ circle template or egg ring
- ♦ clear and coloured self-adhesive plastic covering e.g. Contact
- ♦ pencil, scissors

What to do:

- ♦ Use an egg ring to find the best part of the picture
- ♦ Trace around the selected picture and cut it out.
- ♦ With the **wrong** side down, put the picture on a piece of **coloured** self-adhesive plastic.
- ♦ Cover the **front** with a **clear** piece of self-adhesive plastic.
- ♦ Cut around the sealed edge leaving at least 0.5 cm. (If you don't leave the 0.5 cm border around the outside, they won't seal and will fall apart after a few washings.)



You can also make place mats this way with wrapping paper. Use a square or rectangular template the size you want the place mat to be.



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