

After-Dinner Mints



I have tried this recipe before and it's quite nice.
Make a little basket (see below) or wrap mints individually in cellophane paper and give to mums and grandmothers on Mother's Day.

Or serve them for morning tea after church...

Ingredients:

- ♦ ½ cup mashed potato (coolish, not hot)
- ♦ 30gr softened butter
- ♦ 1 ⅔ cups icing sugar
- ♦ 1 ¾ cups coconut
- ♦ peppermint essence to taste
- ♦ cooking chocolate (dark)

Method:

- ♦ Beat butter into potato, then gradually beat in sifted icing sugar.
- ♦ Add coconut and mix well.
- ♦ Add peppermint essence to taste.
- ♦ Mould into small balls and flatten with a fork.
- ♦ Refrigerate till firm.
- ♦ Dip half/all of each mint into melted chocolate and allow to set on greaseproof paper.



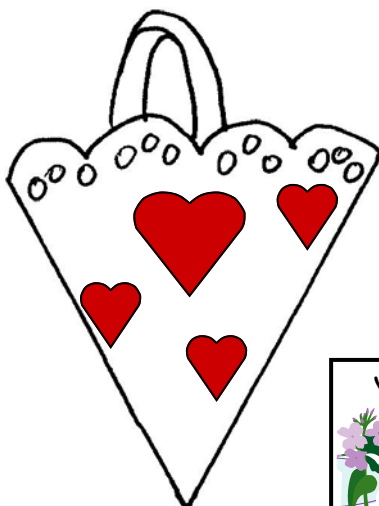
Simple Basket

Materials:

- ♦ small paper doilies
- ♦ satin ribbon the same colour as the doilies
- ♦ red heart stickers, various sizes
- ♦ scissors, glue stick

Preparation:

- ♦ Cut doilies in half, one half for each child
- ♦ Cut 10cm strips of ribbon, one per child



Slip inside this basket some simple goodies:

- ♦ a few after-dinner mints
- ♦ or some "Promise" cards (for Mother's or Father's Day)
- ♦ or even a small sachet of pot pourri
- ♦ plus a simple card with a few small dried or artificial flowers attached.

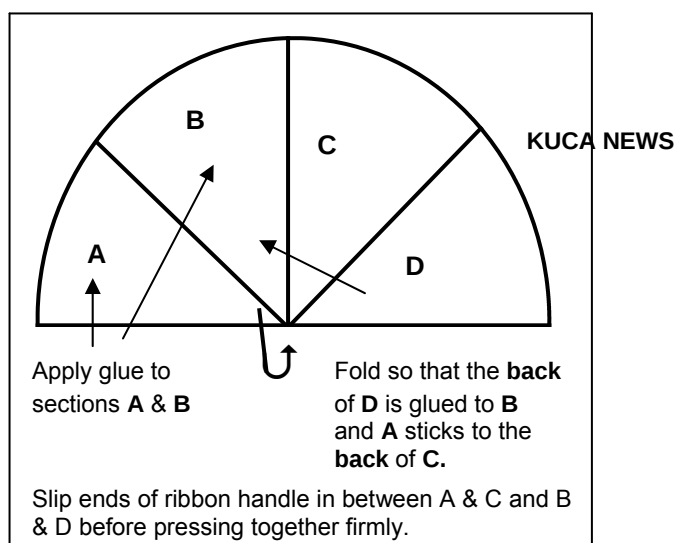
You are appreciated...
with love from

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What to do:

- ♦ Fold a half-doily into quarters. Open out again.
- ♦ Apply glue over the surface of sections A and B.
- ♦ Fold the semi-circle in so that the back of section D fits onto the glued section B and A folds over onto the back of C.
- ♦ Before pressing the sections firmly together so the glue sticks, make the handle by slipping the ends of the ribbon between the glued sections of the doily and so hide the ends; if children can't manage this, just glue the handle ends on the inside of the basket.
- ♦ Decorate the outside with a few red heart stickers.

[Try this out beforehand so you get the folding and gluing right.]



'How-to' Diagram

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