

Follow Me...

Jesus called some fishermen to leave their boats and fishing nets and follow him. It was a life-changing decision...

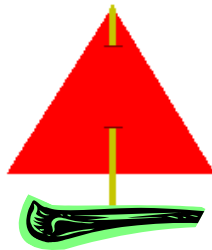
Make this simple edible sail boat to remember the humble origins of Jesus' special friends.

Sailboat Snack

Make a yummy snack that looks like a sailboat, with celery, peanut butter (or cream cheese), and a fruit roll-up!

INGREDIENTS:

- celery stick
- peanut butter or cream cheese
- fruit roll-up or cheese slice
- toothpick



PREPARATION:

- ♦ Cut a 8-10cm length of celery.
- ♦ Spread peanut butter or cream cheese in the groove of the celery.
- ♦ Cut a triangle from the fruit roll-up or cheese slice and attach it to a toothpick.
- ♦ Stick the toothpick in the middle of the celery.

Now you have an edible sailboat!

Prep Time : 15min

No cooking required, quick and simple...

Date: 25th January, 2009

Readings: Jonah 3: 1-5, 10;
Mark 1: 14-20

Not everyone finds God's call easy to follow. Jonah certainly didn't. He ran away, resisted, reluctantly obeyed, sulked and disagreed with God all the way! But the people heard God's message anyway.

Make this tasty treat to remember Jonah's journey.

Jonah's Boat Roll



What you will need:

- ♦ 1 long bread roll (half baguette size) per child
- ♦ a selection of creative fillings, e.g. cheese slices, celery, cocktail frankfurts, cherry tomatoes, raw baby carrots, small cucumbers (or pickled cucumbers/gherkins), hard-boiled eggs, peanut butter, jam, cheese spread or vegemite; to be really creative, use slices of liquorice allsorts for flags!
- ♦ toothpicks, satay sticks
- ♦ blue paper plates
- ♦ paper squares and textas/coloured pencils to make flags, sails, etc.

What to do:

- Cut the rolls in half lengthwise.
- Children 'paint' the inside of the boat with their favourite spread.
- Decorate with flags & sails attached with toothpicks. Cut cheese singles in half, thread onto satay sticks, for sails.
- Use pieces of celery for seats.
- People: cocktail frankfurts, or pickled cucumbers, baby carrots and other raw veggies, à la Veggie Tales.
- Use blue paper plates (the sea).
- Add shredded lettuce for seaweed.
- Take a photo or two and mount them on your notice board (and send a copy to KUCA News).
- Then enjoy...

First published in
KUCA NEWS Summer 2006/07 pages 9 & 10,
as part of the KCO pages for the 2007 theme,
Climb Aboard.



See the **KUCA NEWS website, Activity Pages**, for a free downloadable
Story Activity Sheet: *Jonah_the prophet who sulked.pdf*

These activities have been produced by **KUCA News** in the SA Synod of the Uniting Church in Australia and are available free of charge. This material may be freely used in worship and related activities in churches, schools, kids' clubs etc. provided no fee is charged and **KUCA News** is acknowledged as the source.