

Joy

Date: 14th December, 2008

Readings: Isaiah 61: 1-4, 8-11; Psalm 126;
Luke 1: 47-55: Mary's song



Shouts of Joy



Shakers

Shakers can be made from cream cartons, Yowie or Kinder Surprise eggs or Lynx deodorant caps stuck together.

Materials:

- ♦ 300ml opaque cream containers, well-washed, and lids also well-washed
- ♦ rice, dried peas or very small nails or tacks (or anything small and metallic)
- ♦ large star stapes
- ♦ metallic foil paper
- ♦ hologram or metallic contact
- ♦ clear contact
- ♦ craft glue, scissors



Preparation:

- ♦ Remove the labels from the cream cartons.
- If you have trouble removing the glue, use methyalted spirits.

Suggestions:

- ♦ Put a tablespoon or so of rice into cream cartons, or vary with metallic filler.
 - ♦ Fasten CLEAN lids on with contact; you can use either clear or coloured contact depending on the effect you want.
 - ♦ Glue or attach large stars on the side; make stars from metallic foil or from metallic or hologram foil contact.
- ☺ You can also use Yowie or Kinder Surprise eggs, or Lynx deodorant caps stuck together with contact.



Bells

Bells can be bought in many shapes and sizes from craft shops.

Some simple and novel ways of allowing children to add to the Christmas spirit with bells include:

- ♦ **Small bells on elastic or wool:** these make fun bell wrist bracelets or ankle bracelets.
- ♦ **Bells tied on shoe laces:** children love to jingle while they walk; they can also create a rhythm during the singing of a carol as children stamp their feet in time with the music.



- ♦ **Alfoil plates & foam trays with bells around the edges** make fun home-made tambourines. Attach the bells with the wires out of twist ties. (They are stronger than cotton and won't fray or break; they also don't muffle the metallic sound.)

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