

Guided in Prayer

Prayer Bracelet

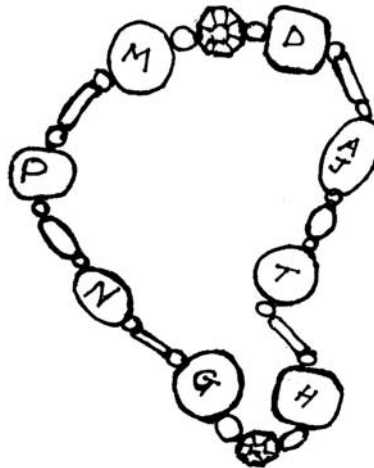
What you will need:

- a variety of beads, including at least 8 large beads per child, and a variety of smaller round and long beads to put in between
- elastic cord, scissors
- permanent textas

What to do:

- ♦ Measure the elastic to fit comfortably around the child's wrist, allowing enough extra to tie a knot.
- ♦ Thread a variety of beads onto the elastic cord, with one large bead after three or four smaller ones.
- ♦ When the elastic is full (leaving room to tie the knot) tie the ends in a firm knot.

Date: 24th May, 2009 Reading: Acts 1:15-17, 21-26
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Also applicable to
Lectionary Year C:

Luke 11:1-13

*Teach us to pray
ask and it shall be given*

- ♦ Use the permanent textas to write letters on the large beads as memory joggers:

➤ e.g. the child could put the first letter of the name of 8 people s/he wishes to pray for regularly.

➤ Or they could use the letters to represent the sorts of things they need to pray for:

H = honour God
T = thanks
S = sorry
F = forgive
N = what we need
P = praise
O = other people
M = me

Children can wear their bracelets through the day to remember they can pray any time.

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